

AN AUTOMATED ASSAY FOR THE DETERMINATION OF SERUM CERULOPLASMIN FERROXIDASE ACTIVITY

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Introduction

- Studies suggest that enzymatic ceruloplasmin (Cp) assays may be superior to immunologic assays in diagnosing Wilson's disease (WD) (1).

Wilson's disease

Easy to treat – if you think it!
Missing Wilson's is easy and deadly

Kf ring (late)

Copper in the brain

Copper in the liver

- Elevated transaminases on screening are often the tip-off.
- Mild hemolysis can be overlooked or ignored.
- Mental changes can stimulate the turmoil of youth.
- Serum copper and/or ceruloplasmin, usually low, may be normal.
- A liver biopsy may be misread as a nonspecific hepatitis.

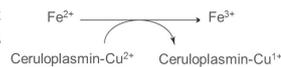
The disease is the result of copper toxicity, which these patients are genetically unable to discard in the bile.

Diagnosis must be made before there is irreversible organ damage

- The aims of our study were 1) to implement and to validate an automated enzymatic assay for the determination of serum Cp ferroxidase activity, and 2) to investigate the correlations between serum Cp ferroxidase activity, serum immunoreactive Cp and serum copper (Cu) in (a) healthy volunteers vs patients affected of WD and in (b) hospitalized patients with psychiatric disorders screened for WD.

Material & Methods

- Ceruloplasmin is a ferroxidase that oxidizes toxic ferrous iron to its nontoxic ferric form.
- Serum Cp ferroxidase activity was measured by the method of Erel (2) on a PENTRA 400 analyser (ABX).

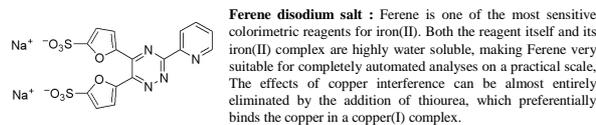


PENTRA 400 is a compact Clinical Chemistry bench top analyser with throughput of up to 300 tests/hour in colorimetry (a cycle every 12 seconds). The analyser is bidirectionally interfaced to the laboratory information system (LIS).



- The optical system is characterized by a concave reflective grating spectrograph (co-developed with Jobin Yvon).
- The Pentra 400 offers both closed and open channels for customer-specific applications.

Serum Ferroxidase activity by the method of Erel Serum samples were incubated at 37°C with Fe²⁺ in 0.45 mol/L acetate buffer (pH 5.8) and the remaining non-oxidized ferrous ions formed a colored complex with the 3-(2-pyridyl)-5,6-bis(2-[5-furylsulfonic acid])-1,2,4-triazine (**Ferene S**) chromogen (2).



The reaction is monitored at 600 nm, with 700 nm as reference wavelength.

Deionized water is used as the first calibrator (zero) and EDTA solution as the second (2400 U/L).

A two-point inverse calibration was used



Serum immunoreactive ceruloplasmin and copper determination Serum immunoreactive Cp was determined using an immunoturbidimetric assay (DAKO) and serum Cu was measured using an inductively coupled plasma optical emission spectrometer (Vistapro, Varian).

Patients Serum Ferroxidase activity, immunoreactive Cp and Cu concentrations were determined in 16 normal subjects and in 17 patients with WD. Because 30 % of WD patients may initially present with psychiatric symptoms, 279 patients with psychiatric disorders were screened for WD (MOPSY Study).

Results

Performance characteristics

- The **precision** of the enzymatic assay was good with within-run and between-run coefficients of variation lower than 6%.

	Our study			Erel O. 1998 (2)		
	n	Mean (U/L)	CV (%)	n	Mean (U/L)	CV (%)
Within-run precision						
High	20	804	3.7	30	1282	1.6
Medium	20	343	3.3	30	521	1.5
Low	20	343	3.3	30	353	1.7
Between-run precision						
High	20	825	5.3	30	1320	2.7
Medium	20	342	4.5	30	512	1.7
Low	20	342	4.5	30	320	1.7

- The **limit of detection** (LOD) was below 18 U/L (mean of limit of blank + 3 SD). In accordance with our result, Flemming J.J. reports a LOD of 19 U/L (3).

- Stability of the reagents**: > 6 months at 4°C.

Limitations

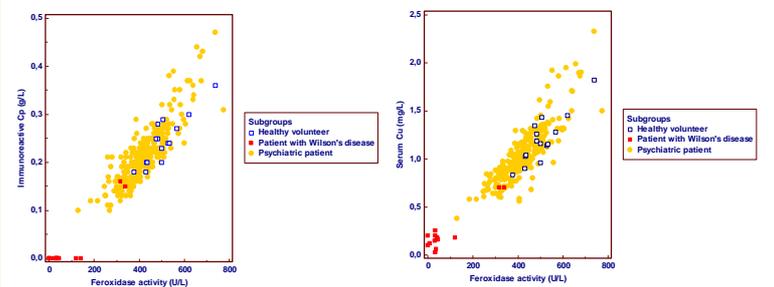
- Blood Collection Supplies** EDTA Blood Collection Tube should not be used: EDTA solution completely chelated all ferrous ions and prevented the formation of the colored Fe²⁺ complex. Heparin did not inhibit the assay, but citrate did.
- Inhibition** Sodium azide completely inhibited ferroxidase activity of commercial ceruloplasmin samples (2).

Application In 16 healthy volunteers vs 17 patients with WD, median (min-max) serum Cp ferroxidase activities, immunoreactive Cp and Cu levels were 499 U/L (375-739) vs 35 U/L (<20-339), 0.24 g/L (0.18-0.36) vs <0.03 g/L (<0.03-0.16) and 1.16 mg/L (0.83-1.82 mg/L) vs 0.18 mg/L (0.03-0.7) respectively.

In 279 patients with psychiatric disorders, serum Cp ferroxidase activities, immunoreactive Cp and Cu levels were 419 U/L (130-775), 0.21 g/L (0.1-0.47 g/L) and 1.02 mg/L (0.38-2) respectively.

	Our study	Erel O., 1998 (2)	Flemming J.J., 2009 (3)
Healthy volunteers	499 ± 88 (n=15)	537 ± 201 (n=250)	571 ± 168 (n=84)
Patients with Wilson's disease	35 ± 106 (range : ND-339) (n=16)	25 (n=1)	76 ± 70 (range : ND-166) (n=17)
Patients with psychiatric disorders	419 ± 93 (range : 130-775) (n=279)		

- It appeared a relatively good correlation between serum Cp ferroxidase activities and immunoreactive Cp levels (r=0.857) and between serum Cp ferroxidase activities and Cu levels (r=0.851) (patients with psychiatric disorders).



Methods for measuring ceruloplasmin

Drawbacks of immunologic methods

- Immunologic methods cross react with apoceruloplasmin
- There are method related differences including bias, precision and specificity

Drawbacks of enzymatic methods

- There is no quality control material available for measuring ceruloplasmin activity. Hence only precision of the assays and not accuracy could be assessed.

Conclusion Measurement of serum ceruloplasmin ferroxidase activity with Ferene S[®] as chromogen is adaptable to the ABX Pentra 400 analyser and could be applied to large-scale screening of patients for Wilson Disease.

- Références** 1. Merle U. et al. Serum ceruloplasmin oxidase activity is a sensitive and highly specific diagnostic marker for Wilson's disease. J Hepatol. 2009 Nov;51(5):925-30
2. Erel O. Automated measurement of serum ferroxidase activity. Clin Chem. 1998 Nov;44(11):2313-9.
3. Fleming J.J. Usefulness of ferroxidase activity of ceruloplasmin in the diagnosis of Wilson's disease. Indian J Clin Biochem. 2009 Jan;24(1):15-22.

